



HEALTH HOLDING

HAFER ALBATIN HEALTH  
CLUSTER  
MATERNITY AND  
CHILDREN HOSPITAL

<b>Department:</b>	Neonatal Intensive Care Unit (NICU)		
<b>Document:</b>	Multidisciplinary Policy and Procedure		
<b>Title:</b>	Visitors in the NICU		
<b>Applies To:</b>	All NICU Staff and Security		
<b>Preparation Date:</b>	January 12, 2025	<b>Index No:</b>	NICU-MPP-057
<b>Approval Date:</b>	January 26, 2025	<b>Version :</b>	2
<b>Effective Date:</b>	February 26, 2025	<b>Replacement No.:</b>	NICU-DPP-057 (1)
<b>Review Date:</b>	February 26, 2028	<b>No. of Pages:</b>	2

## 1. PURPOSE:

- 1.1 To allow family members to visit their Newborn in the NICU.

## 2. DEFINITIONS:

- 2.1 N/A

## 3. POLICY:

- 3.1 The security guard at the entrance of the neonatology units checks the updated list of names of admitted infants before allowing visitors to enter the unit.
- 3.2 The assigned nurse matches the identification of the baby with that of the parents on every visit.

## 4. PROCEDURE:

- 4.1 All visitors must check in at the reception desk before entering the NICU to confirm the admission of the particular neonate. Visitors that are ill will be denied access to the NICU: sore throat, diarrhoea, fever, cold symptoms or exposure to contagious disease within the last two (2) weeks.
- 4.2 All visitors must wash hand and don a cover gown prior to entering the NICU.
- 4.3 Parents are permitted to visit their baby 24 hours a day.
- 4.4 Two (2) visitors are allowed at the newborn's bedside, excluding the parents. Visitors are limited to the discretion of the Consultant and Head Nurse, are only permitted in special circumstances and are limited to 10 minutes.
- 4.5 Parents/ visitors must remain at their newborn's bedside.
- 4.6 Only parents are permitted to hold their baby.

## 5. MATERIAL AND EQUIPMENT:

- 5.1 Hand washing solution
- 5.2 Gown

## 6. RESPONSIBILITIES:

- 6.1 Physician
- 6.2 Nurse
- 6.3 Security

## 7. APPENDICES:

N/A

## 8. REFERENCES:

8.1 Ministry of Health, Policies and Procedures in Neonatology, Guidelines in Neonatal Care, page no:328

## 9. APPROVALS:

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